



WALK FOR LIFE

Saturday—March 10, 2012

Registration 8:30 AM—Walk Begins 9:30 AM

Santee Lakes

9310 Fanita Parkway—Santee, CA 92071



DIRECTIONS TO SANTEE LAKES

From the 125 & 52 freeways, exit Mission Gorge Road, heading east. Turn left on Carlton Hills Blvd, then left on Carlton Oaks Drive. Turn right on Fanita Parkway. Entrance will be on the left. FREE Parking inside the gate at Santee Lakes. Registration will be at the North Lake 5 Picnic Area. Picnic immediately following the Walk. Hot Dogs will be provided.

Call (619)442-4357 or email robinbrust@ecpcc.org for more info. Additional forms available for download at ecpcc.org.

F.A.Q.'s

Q. Where do I go to Walk?

A. Santee Lakes is located at 9310 Fanita Parkway, Santee, CA 92071. Parking is FREE to Walk participants. Once inside the park, proceed to North Lake 5. Registration will be in the picnic area. Opening ceremonies will be at the adjacent outdoor amphitheater.

Q. Do I have to collect the money?

A. No, you do NOT collect the money. Turn your Pledge Forms in at the Walk and the money will be collected through the mail. If sponsors give you money, please mark "Paid Cash" or "Paid Check" by their name, and turn in the cash and/or checks with your Pledge Form.

Q. How far do I have to Walk?

A. It's only 2 miles so all ages can participate. You will be asking your family and friends to sponsor you with a single, generous, tax-deductible gift for your participation in the Walk, instead of being sponsored on a per mile basis. If it rains, bring an umbrella and walk. Unable to come the day of the walk—no problem. You can turn in your forms and walk on your own when it is convenient.

Q. How much can I raise?

A. There's no limit! The more people you ask, the more money you raise to help ECPC. If you raise over \$200, you will receive a **free Walk T-Shirt!** When you raise \$500+ in pledges, you will receive a **free ECPC embroidered sweatshirt!!** For each walker you recruit, you will receive a raffle ticket for the prize box filled with wonderful and exciting items including a gift certificate for Brigantine!

Q. Who do I ask to sponsor me?

A. Everyone! Friends, family, students, co-workers...E-Mail, Facebook, MySpace, Twitter, Yelp, Text.....

Q. How do I get started?

A. Turn this page over and fill in the top of the form with all of your information. Then start signing up your sponsors. Be sure that you fill out the form completely and legibly. Make sure you include zip codes. By taking the time to provide accurate information, you will save hours of processing time once the forms are returned to the office. If you need more forms, call us or look on our website, www.ecpcc.org for a downloadable copy. Completed forms can be turned in the day of the walk or mailed to our office.

After the walk, stick around for a picnic. The hot dogs are on us!

East County Pregnancy Care Clinic provides these services free of charge

• Pregnancy Testing • Limited Obstetrical Ultrasound • Adoption Assistance Referrals • Parenting Classes • Patient Advocacy and Counseling • Post Abortion Healing Support • Childbirth Education • Mom's Helping Mom's Support Group • Purity/Abstinence Education

East County Pregnancy Care Clinic 677 S. Magnolia Ave—El Cajon, CA 92020 (619)442-4357

SPONSOR PLEDGE FORM

Please PRINT all information clearly and completely.

OFFICE USE

INITIAL

DATE

Walker Name _____ Church/Group _____
 Address _____ City _____ Zip _____
 Phone Number _____ E-Mail _____

Adult Youth (12-17) Child (0-11) MY GOAL IS: \$100 \$250 \$500 \$1,000 \$ _____ Recruited By _____

WAIVER—By signing here, I hereby release Pregnancy Care Clinic from any claim, liability, or cause of action on account of accident or injury which may occur or arise out of participation by me or my child in the "Walk For Life". Adult Signature _____ Date _____

First _____ Last _____
 Address _____
 City _____ St _____ Zip _____
 Phone Number _____
 \$25 \$30 \$50 \$100 Other \$ _____
 BILL ME or PAID Cash Check (ck# _____)

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 Address _____
 City _____ St _____ Zip _____
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To print additional copies of this sheet and for answers to frequently asked questions, please visit our website, www.ecpcc.org

Total Pledges This Page \$ _____ Total Cash/Checks Attached \$ _____